



---

**HEATHER ANDRESHAK**  
K5 Teacher and Early Childhood Director

---

Welcome to Trinity! My name is Heather Andreshak and I have been teaching for over 10 years in grades K5-2nd and as a Library Media Specialist. Currently, I am the K5 teacher and Early Childhood Director here at Trinity. I have a Bachelor's Degree in Elementary Education and a Master's Degree in Library Science.

In my classroom I use Conscious Discipline as a method of classroom management. This resource is social-emotional learning, discipline and self-regulation. This creates a safe, connected, problem-solving environment for students and incorporates vital life skills. After building a safe environment, children are able to make more connections to learning. With having worked at Trinity for 9 years, all of the students have become a part of my loving, caring classroom family and we still give greetings in the hallway (even if they are in 8th grade).

In K5, we go on a lot of fieldtrips and love to see our local community. Some of the adventures include: Little Farmer, Mulberry Farms, N.E.W. Zoo, Appleton Performing Arts Center, Oshkosh Grand Opera House, Heckrodt Nature Preserve, and Menasha Public Library programs.

When not at work, I have a loving husband and 2 adorable girls. We all love sports and enjoy being outside as much as possible. We participate in the Fox Cities 5k every year and attend as many baseball games as possible.